

# September

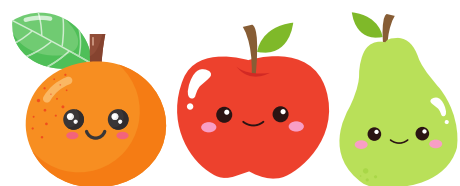


Meals meet USDA Regulations and all items are whole grain-rich.

OFFERED DAIL

CEREAL \*BREAKFAST ONLY

FRUITS

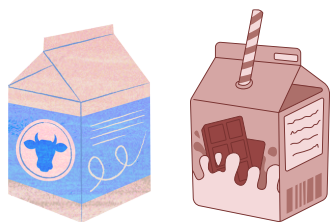


VEGGIES



Milk Choices:

Nonfat Chocolate Milk or  
1% White Milk or Fat Free  
White



Galt Joint Union Elementary School District

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



4 **HAPPY  
LABOR  
DAY**

5 Pancake on a Stick  
\*\*\*\*  
Burrito



6 Square Pizza  
\*\*\*\*  
Grilled Cheese w/  
Scooby Snack

7 Parfait  
\*\*\*\*  
Cheeseburger w/  
Chips



8 Bacon Cheese Biscuit  
\*\*\*\*  
Big Daddy's Pizza

11 Bagel w/ Cream Cheese  
\*\*\*\*  
Orange Chicken w/  
Rice



12 French Toast w/  
Sausage  
\*\*\*\*  
Quesadilla



13 Square Pizza  
\*\*\*\*  
Spaghetti w/ Roll



14 Cereal Bar  
\*\*\*\*  
Sloppy Joe's w/  
Potato Smiles



15 Awaken Burger  
\*\*\*\*  
Jello  
Papa Murphy's Pizza



18 Muffin  
\*\*\*\*  
Chicken Nuggets w/  
Potato Smiles



19 Mini Pancake  
\*\*\*\*  
Taco w/  
Churro



20 Square Pizza  
\*\*\*\*  
Grilled Cheese w/  
Chips



21 Parfait  
\*\*\*\*  
Cheeseburger w/  
Chips



22 Egg & Cheese Biscuit  
\*\*\*\*  
Hoagie Sandwich



25 Bagel w/ Cream Cheese  
\*\*\*\*  
Chicken Biscuit



26 Twin Bar  
\*\*\*\*  
Nachos



27 Square Pizza  
\*\*\*\*  
Mac & Cheese



28 Benefit Bar  
\*\*\*\*  
Chicken Sandwich w/  
Potato Smiles



28 Sausage & Cheese  
Biscuit  
\*\*\*\*  
Pizza



Students must select 3 of 5 offered food components, at least one being a fruit or vegetable.

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Menu subject to change based on availability. This institution is  
an equal opportunity provider.

